



KGV

sodexo
at SCHOOL

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“
MAKE YOUR VOICE HEARD
 Every voice matters
 ”

GIVE YOUR FEEDBACK TO US



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MENU MECHANISM



All our meals are **Nuts Free**



All our eggs are **Cage Free**



Discover **Locally Made** products



Savor **Low Carbon** footprint produce



Ingredients good for **Planet & Health**



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS







A Healthy and Balanced Diet Every Day!

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DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood. While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

Feb 3 - 7

WEEKLY MENU



03/02 Monday 04/02 Tuesday 05/02 Wednesday 06/02 Thursday 07/02 Friday

SOCIAL KITCHEN | Monday: 11:00am - 1:30pm; Tuesday to Friday: 11:30am - 2:30pm

Meal A \$40 Takeaway \$37 Dine-in		Teriyaki Chicken Steak w/ Rice	Beef Bolognese Spaghetti	Thai Green Chicken Curry w/ Rice OR Garlic Bread	Fish-O-Filet w/ Cross Trax Fries [\$46]
Meal B \$40 Takeaway \$37 Dine-in		Baked Fish Fillet in Tomato Concasse w/ Macaroni OR Rice	Stir-fried Chicken w/ Assorted Mushroom, Rice	Double Cooked Pork Belly w/ Rice	Braised Pork Chop w/ Tomato & Onion, Rice
Meal C \$37 Takeaway \$34 Dine-in		(Vegan) Braised Eggplant w/ Omni-Pork, Rice	(Vegan) Pumpkin Masala w/ Pita Bread OR Rice	(Vegan) Ratatouille w/ Farfalle	(Vegan) Omni-Meat Chilli-Con-Carne w/ Rice OR Penne

BOWL | Monday: 12:15pm - 1:15pm; Tuesday to Friday: 1:15pm - 2:15pm

Bowl \$40		Stir-fried Flat Rice Noodle w/ Beef	Japanese Char Siu Ramen	Pho Thap Cam	Japanese Beef Rice Bowl
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LEO'S | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm

Salad Box \$36		Grilled Bacon Caesar	(V) Greek Salad	Japanese Soba Noodle in Yuzu Dressing	Thai Beef Salad in Sweet & Spicy Dressing
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PIAZZA PIZZA | Monday: 12:15pm - 1:15pm; Tuesday to Friday: 1:15pm - 2:15pm

Pizza A \$29		Ham & Cheese	Grilled Chicken & Mushroom	Bacon & Cheese	Pepperoni & Cheese
Pizza B (Vegetarian) \$29		(V) Trio Cheese	(V) Portobello	(V) Margherita	(V) Marinara



Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



Feb 3 - 7

WEEKLY MENU



		03/02 Monday			04/02 Tuesday			05/02 Wednesday			06/02 Thursday			07/02 Friday		
Nutrition Information (per 100g)		Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A				Teriyaki Chicken Steak w/ Rice			Beef Bolognese Spaghetti			Thai Green Chicken Curry w/ Rice OR Garlic Bread			Fish-O-Filet w/ Cross Trax Fries			
				142	12	3	101	5	3	133	8	4	225	7	10	
Meal B				Baked Fish Fillet in Tomato Concasse w/ Macaroni OR Rice			Stir-fried Chicken w/ Assorted Mushroom, Rice			Double Cooked Pork Belly w/ Rice			Braised Pork Chop w/ Tomato & Onion, Rice			
				133	13	1	156	11	6	156	9	5	134	9	3	
Meal C				(Vegan) Braised Eggplant w/ Omni-Pork, Rice			(Vegan) Pumpkin Masala w/ Pita Bread OR Rice			(Vegan) Ratatouille w/ Farfalle			(Vegan) Omni-Meat Chilli-Con-Carne w/ Rice OR Penne			
				100	6	0	163	5	1	109	3	2	111	7	1	
Bowl				Stir-fried Flat Rice Noodle w/ Beef			Japanese Char Siu Ramen			Pho Thap Cam			Japanese Beef Rice Bowl			
				184	14	9	140	14	4	188	15	4	132	8	5	
Salad Box				Grilled Bacon Caesar			(V) Greek Salad			Japanese Soba Noodle in Yuzu Dressing			Thai Beef Salad in Spicy & Sour Dressing			
				192	5	17	113	3	9	119	4	3	117	5	7	



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